

South Amboy Elementary School Early Childhood Education Newsletter

Volume 1 Issue 4
January 28, 2021

SAES Celebrates Black History Month



Every year schools across the state and nation celebrate the accomplishments and influence that African Americans have had on the United States throughout the month of February. The South Amboy School District celebrates the diversity within our schools in order to educate and empower today's learners to develop intellectually, emotionally, and socially as tomorrow's leaders. During the course of the month your children will be provided with opportunities in all of their classrooms to learn about the impact of black heritage and culture on our lives.

2021-22 Pre-K Registration

[Registration for the 2021-22 School Year](#) will begin on February 16, 2021. We will continue with our partnership with Acelero Learning of Monmouth and Middlesex County to expand our class offering to five Pre-K programs. Space is limited and registrations will be done completely online to minimize the possible exposure of COVID-19. For more information please call Amy Wolfe (732) 525-2118 extension 2221 or email her at awolfe@sapublicschools.com. To be eligible for our Pre-K program children must be four years of age on or before October 31, 2021. To download registration items go to the [Early Childhood Page](#) or you can pick up a packet from the Main Office.



Parent Pro Academy

Thank you for those who were able to attend our first workshop on January 12, 2020. We were able to discuss the topics of developing coping skills with your child, understanding the productive struggle, and mindfulness. For those who were unable to attend the workshop you can view the recorded sessions [here](#). Our next workshop series will be focused on Literacy and will be held on February 23, 2021 at 5:30. More information will be shared in the coming days about topics and how to join.



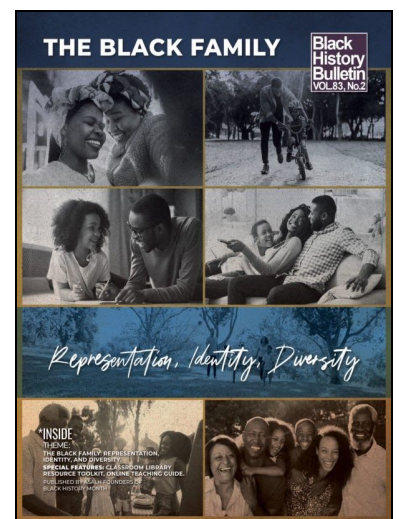
Black History Month Resources to Celebrate at Home

Valerie Mejia Family Liaison

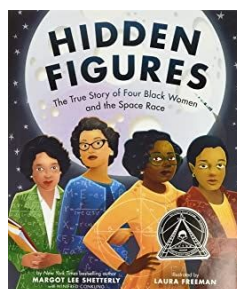
Throughout the month of February, our students will be involved in various classroom activities focusing on Black History Month. This is a time to celebrate the many contributions of Black Americans, who throughout history have and continue to do so much to make America the culturally diverse, compassionate, and prosperous nation we know today.

Every year a theme is selected by the Association for the Study of African Life and History. An organization founded by the Father of Black History: Dr. Carter G. Woodson, an African American historian. The theme for this year is “The Black Family: Representation, Identity and Diversity.”

In honor of this theme, we encourage our families to engage and discuss the topics their children will be learning and engaging in during this month. We will also encourage everyone to check out the list of books to read for both adults and children along with a list of movies to watch as a family that can expand on some of the conversations happening in school and allow for us to keep an open dialogue with our children.



[Children's Book List](#)



[Movie List](#)



Nurse's Note - Routines

Lisa McAlonie School Nurse

Routines are great for instilling feelings of security, developing self-control, and a sense of responsibility in children. If you do not currently have a routine for your child, it is never too late to start! When starting a routine, start small. You could begin with a bedtime routine, which may look something like this.

- ✓ Chose an activity that is calming for your child; it could be taking a bath, reading a story, or listening to music
- ✓ Provide a transition period, for instance, "we have 10 minutes before we put on our PJ's and get ready for bed."
- ✓ The routine should be consistent, for example, brush teeth, put on PJ's, get into bed, read a story

Be patient, your child may have difficulty adjusting to the routine, but with consistency, the new routine will be a source of comfort to your child and less stressful for you.

Resources

[Routines: Why They Matter and How to Get Started | Education.com](#)
[Why Sleep Meditation Works for Kids and How to Try It | Parents](#)



COVID-19 Reminders

As we continue to see an increase in COVID-19 cases in our community we wanted to take time to share some resources with you all to help stop the spread of the virus. It is important that everyone continue to complete the Daily COVID-19 Parent Form through Genesis. If you need assistance with how to do this we have created a short [how to video](#) for your viewing pleasure. Also if you or anyone in your household has been exposed to someone with COVID-19 or are experiencing symptoms please reach out to [Lisa McAlonie](#) in the Elementary School or [Cathy Housman](#) at the Middle High School.

[How to Put On Your Mask](#)

[Caring for Yourself-Parents](#)

[Caring for Yourself-Young Adults](#)

[Caring for Yourself-Students](#)

Stop the spread of germs that can make you and others sick!



Wash your hands often



Wear a mask



Cover your coughs and sneezes



Keep **6 feet** of space between you and your friends



cdc.gov/coronavirus



Introducing “Coffee Talk with Dr. G”

Dr. Gurczeski will begin hosting virtual meetings every week starting on Thursday February 4th from 10:30 to 11:30. These virtual meetings will serve as an open forum to discuss Early Childhood Education topics, as well as to learn more about the various programs used in South Amboy Elementary School. For more information or to find the link for the meetings you can visit the South Amboy Early Childhood website.

Curriculum Updates



For information about the programs you can click either of the icons above. Please use the links below for a sneak peak of what the students will be working on in January.

[Pre-K
Kindergarten
First Grade](#)

[Second Grade
Third Grade](#)



Character Corner

Our Character Education theme for the month February is Responsibility. Here are some topics for you to discuss with your child about Responsibility.

- Do what you are supposed to do
- Plan ahead • Persevere: keep on trying!
- Always do your best
- Be self-disciplined
- Think before you act – consider the consequences
- Be accountable for your words, actions, and attitudes
- Set a good example for others

Important School Resources

[Mr. Dunphy's Principal Page](#)
[Mrs. Masella's School Counselor Page](#)
[Nurse's Page](#)
[Early Childhood Education Page](#)

[Jorge E. Diaz](#)
Superintendent of Schools

[Martin Gurczeski Jr. Ed.D.](#)
Director of Early Childhood Education

The Mission of the South Amboy School District is to educate and empower today's learners to develop intellectually, emotionally, and socially as tomorrow's leaders within a diverse community of supportive and committed educators, parents, and citizens.

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