

Mission

Coordinated Family Care (CFC) provides child centered and strength based care management services while partnering with families to realize their vision, goals, and full potential.

Vision

Coordinated Family Care is the catalyst for a united community that embraces growth and acceptance.

Core Values

- Services are child centered and strength based.
- Services are family friendly and family driven.
- Services are community based and culturally competent.
- Services have measureable outcomes.
- Services are responsive to community needs.



30 Silver Line Drive, Suite 1
North Brunswick, NJ 08902

Telephone: 732.572.3663
Fax: 732.246.1468

www.coordinatedfamilycare.org
www.middlesexresourcenet.org



care
management
for the
children
of
middlesex
county

- Family Information
- The Child & Family Team

Coordinated Family Care

Coordinated Family Care (CFC) is a non-profit organization dedicated to assisting children and youth up to age 21, who have mental health, social, emotional, academic, vocational, behavioral, developmental disabilities, and substance abuse needs.

CFC believes in a model of care that is family oriented and community based. Emphasis is placed on the strengths that each family and community entity bring to support the family. The goal of Coordinated Family Care is to keep children and youth in their homes and communities.

Coordinated Family Care is a care management organization that designs, implements, and manages Individual Service Plans (ISPs) for youth with complex needs. The organization also has access to a full range of treatment and support services.

CFC is an outgrowth of the New Jersey Children's System of Care (www.nj.gov/dcf/about/divisions/dcsc/) and strives to get youth with multiple needs and their families the assistance they need to thrive in their community.

Process

Children are referred to Coordinated Family Care through PerformCare, the Contracted Systems Administrator. Coordinated Family Care works with the family to form a Child & Family Team; The team then develops an Individual Service Plan that identifies needs and services. Coordinated Family Care identifies community agencies that can provide the needed services and assists the family in accessing them. CFC may also access non-traditional services that the family may need such as tutoring and respite care. CFC monitors the progress of the child to certify that the services being delivered are the highest quality and that the needs identified by the family are being met.

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For Families

What CFC believes about helping families

Our program takes a family-centered approach to helping youth and families, by looking at the individual strengths and needs of each one. A Care Manager is assigned to each family, together they identify key participants to create a Child & Family Team. The Child & Family Team work together to choose the services that meets the needs of the youth and family. Coordinated Family Care believes that using community services is best for the family. Sustainable resources needed may be found in one's own family, extended relatives, friends, and/or neighbors. Coordinated Family Care will help the family build on their own strengths and the strengths of the community so that they may become and remain independent long after their time with Coordinated Family Care.

Your Care Manager

The Care Manager is the person who helps you to identify the strengths and needs of your child and family. The Care Manager also helps you put together your Child & Family Team and assists by putting the plan created by the team into action. Your Care Manager advocates and shows you how to get what you need for your child and family when working with service providers.

Resources

Existing resources will be identified and supports will be designed to allow your child to remain in the home and community. Coordinated Family Care arranges for the services your family needs through many different sources. We can offer flexible services that are not limited to services covered by your health insurance or Medicaid. Your Care Manager helps you find the services you need.

Family Support Organization (FSO): What is a Parent Partner?

Family empowerment is an important part of the mission of Coordinated Family Care. Middlesex County has a Family Support Organization that is a family run organization which provides direct parent support and assistance to families of children working with Coordinated Family Care. They are available to support families and assist them in ensuring that the plans are child centered and family friendly. The Family Support Organization works closely with Coordinated Family Care as an additional resource for the family and can be reached at 732.287.8701

Parent Participation

Coordinated Family Care strongly encourages parent/caregiver participation throughout the entire process. During or after your involvement with Coordinated Family Care you may be asked to join in a variety of groups, meetings, or activities that support this endeavor. Your Care Manager can explain what these activities are and what your role can be to improve Coordinated Family Care.

Confidentiality

Unless court-ordered, all agreements between Coordinated Family Care providers and your family must have your consent. We share information only to obtain needed services. Information about your child and family is confidential, unless your child may harm himself or others.

In Case of Emergency & Comments and Concerns

Crises are common for children with many needs. You and your team will create a Crisis Plan within the Individual Service Plan (ISP). The Crisis Plan will help you and all those involved with your child know what to do if there is a crisis. There is also 24/7 staff coverage and an on-call response system available after 5pm on weekdays and on weekends. *In case of a crisis or if you have any comments or concerns, please call 732.572.3663.* Questions? Email us at: info@coordinatedfamilycare.org

For The Child & Family Team

What makes Coordinated Family Care different?

Coordinated Family Care (CFC) believes that people are strong in many ways. When a child or family has needs, people around them only see what is not going right. Families who are having difficulties have strengths that can help them through tough times and address their needs. A Child & Family Team works to help families recognize their strengths and how they can use them to resolve the difficulties they face.

Coordinated Family Care is not a treatment program. CFC does not provide therapy. We help families find, create, and develop options that will support them while they work to address their needs. We also help families learn how to use and manage services that are available to them in the community.

The Child & Family Team is a crucial part of the process. The team helps families help themselves. Team members lend their support to the child and/or family in many ways. Coordinated Family Care helps the team by providing the structure for the team meetings and by helping put in place an Individual Service Plan (ISP) that the team created with the child and family.

What will it take to make a difference?

The Child & Family Team creates a plan for the child in which every member plays a part. As a group, the team identifies the child's and the family's strengths. They figure out what resources in the community can help the child begin to overcome difficulties and what the family needs in order to create a more balanced life. The plan may include informal community supports, specialized services, creative and/or recreational activities. Any of these to address the immediate difficulties and begin a movement toward a more cohesive family unit.

The team identifies needs to be addressed and commits to